# Multiplex Reverse Transcriptase-PCR Assay for Typing and Subtyping of Influenza A (H5 & H9) Virus in Iran

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### **ABSTRACT**

**Background:** Avian influenza virus (AIV) infection is a major cause of bird or human mortality and morbidity, therefore the rapid identification of the virus is of important clinical and epidemiological implication. **Methods:** A multiplex Reverse Transcriptase PCR (RT-PCR) was optimized for the detection of influenza A virus and the H5 and H9 subtypes. The influenza type A specific primers were directed to the region of the influenza A matrix gene that is conserved among most type A influenza viruses. The H5 and H9 primers were directed to H5 and H9 hemagglutinin (HA) gene regions that are conserved among H5 and H9 subtypes. The selected primer sets were used in the RT-PCR for simultaneous detection of matrix, H5 and H9 responding specific sequences in a multiplex format. **Results:** Three reaction conditions were optimized which include: i) RT-PCR typing using matrix gene primers for five subtypes of flu A (H1, H3, H5, H7 and H9), ii) RT-PCR subtyping for H5 and H9 subtypes, and iii) multiplex subtyping of H5 and H9. In this study, the multiplex RT-PCR was applied to 147 cloacal and tracheal swabs of clinical poultry cases with similar influenza symptoms. **Conclusions:** These results suggest that multiplex RT-PCR assay can be a useful test for rapid detection and subtyping of AIV in clinical samples. *Iran. Biomed. J. 11* (2): 69-74, 2007

Keywords: Influenza, Hemagglutinin (HA), H9, Multiplex Reverse Transcriptase PCR (RT-PCR), Subtyping

#### INTRODUCTION

a member A virus, Orthomyxoviridae family, infects swine, horses, seals, and a large number of birds as well as human. This virus contains a genome composed of eight single-stranded, negative-sense RNA segments that encode 10 different viral proteins. Two envelope glycoproteins, the hemagglutinin (HA) and NA proteins are the major viral antigens that induce protective antibodies following infection. Both proteins have highly variable sequences that give rise to variable antigenicity. There are 16 different HA subtypes and 9 different NA subtypes of the virus [1, 2]. Each of the hemagglutinin (H1-H16) subtypes are found in birds though only three of them have found in human viruses (H1-H3), two subtypes in pigs (H1, H3) and two subtypes in horses (H3, H7) [3].

Host enzyme proteolytic cleavage of the HA protein is a prerequisite for the infectivity of Avian

influenza virus (AIV). The outcome of an AIV infection depends on the virus subtypes and on host [4]. Three influenza A virus subtypes (H1N1, H2N2, H3N2) with hemagglutinin and neuraminidase gene segments of avian origin have been associated with pandemic outbreaks and annually recurring disease in humans in the past century. In 1997, influenza A viruses of the H5N1 subtype were isolated from patients in the Hong Kong area [5, 6]. In 1999, H9N2 viruses were also isolated from patients with influenza-like illnesses [7, 8]. The transmission of influenza viruses H9N2 which containing H5N1-like internal genes to humans emphasizes the need for better understanding the occurrence and molecular epidemiology of these viruses. The H9N2 virus subtype was first isolated from Turkeys in 1996, when the virus was associated with mild respiratory disease. In Asia, long-term surveillance in live poultry markets in Hong Kong (1975-1985) detected H9N2 influenza viruses in apparently healthy ducks. Since the early 1990's, H9N2 influenza viruses have

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become widespread in domestic chickens in Asia. Results of the studies suggested that the H5N1 viruses infected humans in 1997, caused by reassortment which occurred between the H9N2 and H5N1 viruses. Surveillance studies in 1997 indicated that two subtypes of influenza viruses were cocirculating, raising the possibility of genetic exchange between these viruses after coinfection of the same host [9].

Since there is a greater risk for these subtypes to become highly pathogenic, it is important to identify them specifically in surveillance programs. In this study, we describe a multiplex reverse transcriptase PCR (RT-PCR) for rapid screening of clinical samples for simultaneous detection of type A influenza virus and H5 and H9 subtypes.

### MATERIALS AND METHODS

Viruses. Virus strain used: A/Turkey/England/50-92/91 (H5N1), A/Turkey/England/7732/66 (H5N9), (H7N7). A/Tehran/49/2001(H1N1), A/Tehran/82/79 (H3N2), A/Chicken/Iran/11T/99 (H9N2). H5N1, H5N9 and H7N7 antigens were originally obtained from the Veterinary Laboratories Agency in the United Kingdom. Dr. T. Mokhtari from the National Influenza Centre, Tehran University of Medical Sciences (Iran) was kindly provided the H1N1 and H3N2 human influenza viruses. The A/Chicken/Iran/11T/99 (H9N2) influenza antigen was obtained from Razi Vaccine and Serum Research Institute (Karaj, Iran), isolated previously outbreak among poultry Hemagglutination (HA) titers of the viruses ranged from 512 to 1024 HA Unit, when tested according to the methods as described previously [10].

RNA extraction from virus stocks. RNA purification was performed using the RNXTM-Plus Kit (CinnaGen, Iran) according to the manufacturer instructions. Briefly, 100-150 µl viral suspension (egg-fluid, clinical specimens and water control) was mixed with 1 ml RNX and left for at least 5 min at 4°C. After the addition of 200 µl chloroform and mixing, the liquid was clarified by centrifugation at 12,000 ×g at 4°C for 15 min. The supernatant was transferred into a new tube and mixed with an equal volume of isopropanol followed by centrifugation at 12,000 ×g at 4°C for 15 min. The pellet was washed with 1 ml 70% ethanol. Finally, RNA was eluted by 50 µl of 1 mM RNase free EDTA.

Reverse transcription. An influenza virus matrix gene-specific PCR primer set for a region conserved in all type A influenza virus matrix genes; in addition, H5 and H9-specific primer sets for conserved regions of the H5 and H9 hemagglutinin gene sequences were used for RNA isolation and RT-PCR detection with single primer sets or by multiplex RT-PCR as described in [11] (Table 1). The oligonucleotide primers were commercially synthesized (MWG, Germany). The 20-µl reaction for each gene (M and HA) contained 5 µl of extracted RNA, 4 µl of 5-times reverse transcriptase buffer, 2 µl dNTP (2.5 mM each of four dNTPs), 1 μl (10 pmol/μl) of forward primer, 0.5 μl (40 unit/μl) of RNase inhibitor and 1 µl (40 unit/µl) of M-muLV RT and 6.5 µl of water mix separately for each subtype. Reverse transcription was carried out at 42°C for 45 min followed by incubation at 70°C for 10 min.

PCR. PCR was carried out for both genes of each subtype according to the following conditions: the 30 µl reaction contained 10 µl of cDNA, 0.5 µl (2.5 mM each of four dNTP), 2  $\mu l$  (10 pmol) of each primer, 3 µl of 10-times PCR-buffer, 1 µl (10 mM) MgCl<sub>2</sub> and 0.25 µl (5 unit/µl) of Taq DNA polymerase enzyme and 13.75 µl of water. Wide ranges of cycling conditions were tested. After an initial denaturation at 94°C for 5 min, three-step PCR cycling protocol was used for the matrix gene primer set as follows: 94°C for 1 s, 54°C for 1 s and

**Table 1.** The oligonucleotides used.

Specificity	Primers	Sequences	Location	Size
Influenza A virus	MF	AGA TGA GTC TTC TAA CCG AGG TCG	24-47	101
	MR	TGC AAA AAC ATC TTC AAG TCT CTG	124-100	
Avian H5	H5F	ACG TAT GAC TAT CCA CAA TAC TCA G	1504-1525	152
	H5R	AGA CCA GCT ACC ATG ATT GC	1655-1635	
Avian H9	H9F	AAG GGC TTT CAC CGA AGA G	477-485	190
	H9R	CCC ATT CTC ATT ACT GCT TCT	656-645	

72°C for 3 s for 35 cycles were followed by a final primer extension step at 70°C for 3 min. The H5 PCR cycling conditions were the same as those for the matrix gene except that annealing and extension temperatures were used for 3 and 5 s, respectively. A three-step cycling protocol was used for the H9-specific PCR as follows: 94°C for 3 s, 54°C for 5 s and 72°C for 8 s for 35 cycles. RT-PCR was performed with the BIOTECH-MWG thermocycler (Germany). RNA purification, RT-PCR set-up, run and agarose gel electrophoresis were performed in separated rooms. Negative reagent controls were included in each assay. No contamination was detected at any time.

Multiplex RT-PCR. Multiplex RT-PCR was carried out in 50 μl reaction (total volume) for HA gene of H5 and H9 subtypes. Cycling conditions were the same as those for the H9-specific PCR except that a 54°C annealing temperature was used for 30 cycles.

Sequence analysis. The PCR products were analysed by sequencing (MWG, Germany). As a first step, the products were cleaned using a PCR purification kit (Fermentas, USA). Sequencing was performed in both the sense and anti-sense direction with primers MF and MR for the matrix gene and the RT-PCR primers H5F, H5R (H5) and H9F, H9R (H9), respectively for the HA gene (Table1). Sequencing data were aligned with matrix and HA influenza sequences from NCBI database to assess homology.

Detection of PCR product by gel electrophoresis. PCR products (10  $\mu$ l) were analysed by agarose gel electrophoresis, using a 2% agarose in 1× TBE buffer. Amplified products were visualized by ultraviolet light transillumination after staining with 0.1  $\mu$ g/ml ethidium bromide. A 50 base pair ladder was used as a molecular weight marker.

### **RESULTS**

The nucleotide sequences of matrix gene are conserved in all subtypes of influenza A viruses. To identify these viruses by RT-PCR, we used two primers based on consensus sequences of matrix genes of Influenza viruses [12]. The matrix RT-PCR (primer MF and MR) was able to amplify a 101-bp fragment of the matrix gene from a series of different influenza A strains (H1, H3, H5, H7 and H9) as demonstrated in Figure 1. To test the

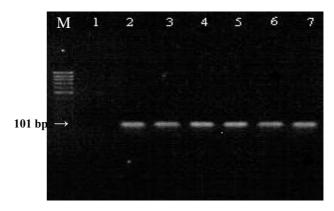


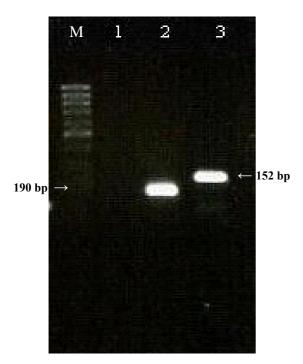
Fig. 1. Identification of Influenza type A virus by RT-PCR. The M gene RT-PCR was applied to a panel of influenza A strains representing various subtypes. Lane M, size markers (100 bp ladder, CinnaGen, Iran) lane 1, H2O control and lanes 2-7, 10  $\mu$ l of RT-PCR products obtained by using primers specific to M genes of the viruses H1N1, H3N2, H5N1, H5N9, H7N7, and H9N2. The size of RT-PCR M gene product is indicated by arrow.

sensitivity of the matrix RT-PCR, serial ten-fold dilutions of virus pools of known titer were RNA purified and PCR amplified. Three different avian strains were tested namely A/turkey/England/50-92/91 (H5N1), A/Turkey/England/7732/66 (H5N9), and A/Chicken/Iran/11T/99 (H9N2) with 50% endpoint dilution of 10<sup>-5</sup>, 10<sup>-5.4</sup>, and 10<sup>-7</sup>, respectively.

The specificity of the primers for the detection of influenza A was examined using RNA from other human and avian viral species. The matrix RT-PCR detected influenza A virus not only in avian strains but also in other animal species including human strains (H1N1 and H3N2). RNA isolated from influenza B and C viruses did not yield amplified products. The HA RT-PCR (primer H5F, H5R) for the detection of H5 influenza A subtypes amplified a band of 152 bp (Fig. 2). A sharp band of the expected size was obtained from H5 strains tested and no PCR product was amplified from non-H5 influenza subtypes (data not shown). The H5 origin was verified by sequencing.

The HA RT-PCR (primer H9F, H9R) for the detection of H9 influenza A subtypes amplified a band of 190 bp. A single band of the expected size was detected from avian H9 strain (Fig. 2) and HA sequence of H9 subtype origin verified by sequencing too (data not shown). The multiplex RT-PCR was tested for its specificity for viral targets (influenza A H5 and H9) by adding each of the influenza virus primer pairs. No mispriming was observed when primer sets were present with both influenza A H5 and H9 template. A product of the expected size was obtained for each viral template





**Fig. 2.** Identification and subtyping of avian influenza viruses in cloacal and tracheal swabs samples. Lane M, size markers (50 bp ladder, CinnaGen, Iran) lane 1, H2O control and lanes 2 and 3, ten μl of RT-PCR products obtained by using primers specific to HA genes of the H5N1 and H9N2 viruses product was applied on a 2% gel. The sizes of RT-PCR HA gene product are indicated by arrows.

by the multiplex RT-PCR with primer set present (Fig. 3). The specific products could be clearly separated and identified on a 2% agarose gel. The multiplex RT-PCR was performed on both avian and tracheal swabs for detection of H9 and H5 subtype. Twenty nine out of 98 (29%) cloacal swabs and 11 out of 49 (22%) tracheal swab samples contained influenza A virus H9 subtype. No detectable PCR products were seen for influenza A virus H5 subtype. Nucleic acid extraction and multiplex RT-PCR amplification from 26 human clinical samples (nasopharyngeal aspirate or nose and throat swabs) did not show any PCR product.

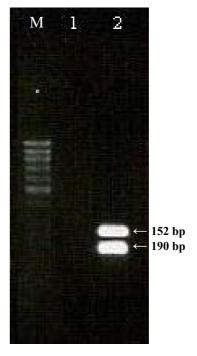
### **DISCUSSION**

Multiplex PCR capable of amplifying various regions of chromosomal DNA with a precise detection and typing of several bacterial pathogens has been described previously [11, 12]. The use of RT-PCR for the detection of influenza viruses is not new; several strategies of RT-PCR have been used to detect influenza A viruses [13, 14] or to

distinguish between influenza A, B or C viruses [15, 16], Subtype-specific primers have been used to differentiate H1 virus from H3 virus or to differentiate N1 virus from N2 virus [15, 17].

Since the rate of evolution for influenza virus HA gene is substantially higher than other genes, the sequences of these genes do change over time [3], therefore, it may be necessary to update the primer sequences as needed to compensate for genetic drift. In this study, we describe a multiplex RT-PCR method capable of distinguishing the matrix genes of all influenza type A viruses, and HA genes of avian H5 and H9 subtypes, which were used to screen viruses from clinical samples isolated in Iran [18].

To diagnose influenza, culture confirmation is a well-established laboratory technique and remains as the standard method in most clinical laboratories. Culture conformation is a combination of cell culture-based virus isolation (VI) and subsequent immunostaining; however, the requirements of maintaining tissue culture cells and infectious virus particles represent drawbacks in obtaining timely and consistent results [19]. Moreover, VI can detect only live virus; therefore the viruses inactivated during shipping or by disinfectants (which may be present in environmental samples) may be detected



**Fig. 3.** Subtyping of avian influenza viruses in cloacal and tracheal swabs samples. Lane M, size markers (50 bp ladder, CinnaGen, Iran) lane 1, H2O control and lanes 2, ten  $\mu$ l of Multiplex RT-PCR products obtained by using primers specific to HA genes of the H5N1 and H9N2 viruses. The sizes of RT-PCR HA gene products are indicated by arrows.

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by RT-PCR. In addition, all influenza viruses may not readily adapt to growth detectable titers in embryonated chicken eggs within two passages. This may explain why some samples are RT-PCR positive and VI negative [20]. We have optimized a multiplex RT-PCR as a rapid alternative for AIV detection and subtyping to VI in embryonated chicken eggs. Further to the advantage of the speed, sensitivity and ease of multiplex RT-PCR method, risks of handling infectious materials encountered with VI method are reduced. However, we are the first to optimize multiplex RT-PCR that were able to detect type A influenza and differentiate the H5 and H9 subtypes simultaneously.

The multiplex RT-PCR was performed on both avian and tracheal swabs for detection of H9 and H5 subtypes. Twenty nine out of 98 (29%) cloacal swabs and 11 out of 49 (22%) tracheal swab samples contained influenza A virus H9 subtype. We found that by RT-PCR, 40 out of the 127 (31%) swab samples contained avian influenza and all of them were H9 subtypes. These samples were collected from chickens of 14 different farms in Iran in 2002-2004. This finding suggests a current endemic of H9 AIV in the chicken population of Iran. In fact, we have isolated a total of 40 AIV from chicken in Iran in 2002-2004 and all of them were H9 and none of them was H5 subtypes.

Therefore, the multiplex RT-PCR can be a reliable and accurate method for large scale screening and detection of type A influenza virus and the avian H5 and H9 subtypes simultaneously.

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