

# Biochemistry of Pyrethroid Resistance in German Cockroach (Dictyoptera, Blatellidae) from Hospitals of Sari, Iran

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## ABSTRACT

**Background:** The German cockroach is an important household insect pest mechanically involved in transmission of a variety of diseases to humans. Different classes of insecticides have extensively been used for its control leading to insecticide resistance development. Hence, for an optimal control of this pest, the status and underlying mechanisms of insecticide resistance should be studied in this group of insects. **Methods:** Adult German cockroaches were collected from Imam and Bouali Cina Hospitals (Sari, Iran) and subjected to bioassay using jar test method. The results were compared to those of a susceptible laboratory strain. Biochemical assays of esterases, monooxygenases and glutathione S-transferase (GST) levels were undertaken on German cockroaches from Imam and Bouali Cina Hospitals and the results were compared to a susceptible laboratory strain. **Results:** The  $LT_{50}$  values of the three strains were  $20.24 \pm 2.2$ ,  $19.87 \pm 2.3$  and  $8.89 \pm 0.26$  for permethrin;  $19.3 \pm 3.05$ ,  $17.6 \pm 0.68$  and  $8.8 \pm 0.99$  for deltamethrin;  $19.64 \pm 2.9$ ,  $18.66 \pm 3.45$  and  $8.64 \pm 0.62$  min for cypermethrin, respectively. The mean  $\alpha$ -esterase activity of Imam and Bouali Cina Hospitals and susceptible strains were  $6.941 \times 10^{-4}$ ,  $6.940 \times 10^{-4}$  and  $8.01 \times 10^{-5}$  nmol/min/mg protein; the mean  $\beta$ -esterase activity in those strains were  $5.8 \times 10^{-4}$ ,  $4.25 \times 10^{-4}$  and  $7.28 \times 10^{-5}$  nmol/min/mg protein; the mean content of p450 in the above-mentioned strains were  $5.64 \times 10^{-6}$ ,  $1.89 \times 10^{-6}$  and  $1.2 \times 10^{-6}$  nmol/mg protein; the mean GST activity were  $6.66 \times 10^{-2}$ ,  $0.102$  and  $5.72 \times 10^{-2}$   $\mu$ mol/min/mg protein, respectively. **Conclusion:** The  $LT_{50}$  values and also the mean activity of all enzyme groups in field strains were significantly different from those of the susceptible strain, indicating a vigour tolerance to insecticides and pyrethroids in particular. Hence, insecticide resistance monitoring techniques should be put in place and also resistance management strategies and measures should be considered implementing in the area. *Iran. Biomed. J. 11 (4): 251-258, 2007*

**Keywords:** Pyrethroids, German cockroaches, Sari

## INTRODUCTION

The German cockroach, *Blattella germanica* L., is a very important urban pest in households, hospitals and residential areas alleged to be involved in mechanical transmission of a variety of diseases as well as causing insectophobia [1]. Extensive use of insecticides has led to the development of resistance in German cockroach to a wide range of insecticides including organochlorines, organophosphates, carbamates and pyrethroids [1-3]. There are voluminous amount of literature on the mechanisms of insecticide resistance in many insect species.

One of the most important underlying resistance mechanisms is qualitative and quantitative increase in the activity/level of enzymes responsible for insecticide resistance. Involvement of glutathione S-transferases (GST) [4-6], esterases [7, 8], mixed function oxidases (MFO) [9-11] and esterases [12-16] are evident in many insect groups including German cockroaches.

Insecticide resistance in German cockroaches was first detected decades ago in a strain in the USA against chlordane in 1952. Resistance to lindan in Poland in 1959, to lindan and dieldrin in Turkey in 1962 and to malathion, diazinon and phenthiene in the 1970s in the USA were subsequently reported

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[4]. In recent years, pyrethroids have been used for pest control and as a result resistance to these insecticides occurred in German cockroaches from many parts of the world [17].

In a study of collected German cockroaches from several fields from Florida and California, USA, using piperonyl butoxide (PBO) and S,S,S- tributyl-phosphorotrithioate (DEF), the resistance levels reduced dramatically confirming the involvement of oxidases and esterases in pyrethroid resistance [18]. Studies on samples of German cockroaches collected from residential areas of Florida (USA) showed that oxidases and esterases are involved in resistance and metabolism of pyrethroids [17]. Electrophoretic studies on pyrethroid resistant strains of German cockroaches showed that esterases and oxidases are involved in resistance [15, 19].

The levels of resistance to permethrin and deltamethrin and possible mechanisms involved in resistance to these two pyrethroids were investigated in a strain collected from Alabama, using the synergists PBO and DEF. Resistance to permethrin and deltamethrin was partially suppressed by the synergists suggesting that P450 monooxygenases and hydrolases are involved in pyrethroid resistance [20].

Synergist studies using PBO and DEF on three strains of German cockroaches collected from Alabama revealed that, despite being from the same geographic origin, P450 monooxygenases and hydrolases are strongly involved in permethrin and deltamethrin resistance in one strain while playing a minor role in two other strains [21]. Undertaking biochemical assays, Lee *et al.* [22] characterized possible insecticide resistance mechanisms in four Malaysian field-collected strains of German cockroach. Elevated esterase activity was detected in all four strains, while elevated GST levels were present in only two strains studied. Classic bioassays and biochemical assays performed on German cockroaches collected from residential areas of Tehran (Iran) showed that oxidases, esterases and GSTs are involved in pyrethroid resistance [3, 23].

Attempts have been made to study the insecticide resistance in German cockroach strains from Iran, but these studies mainly involved dose-response bioassays with no indications of underlying resistance mechanisms [2, 3, 24, 25]. Information about the underlying resistance mechanisms enables us to undertake adequate vector control methods as well as proper resistance management strategies. Hence, biochemical studies are necessary to provide evidence about the mechanisms involved in

resistance [17, 26, 27]. Therefore, in this study, along with classic bioassay on German cockroaches, biochemical studies were undertaken to determine general esterase and GST activities and monooxygenases cytochrome P450 contents in two field strains collected from University Hospitals (Sari, Iran).

These two strains of German cockroach were extensively under pyrethroid insecticides pressure in the last two decades. Permethrin (Copex 20% WP), a class I pyrethroid, has been intensively used until 1996 when it was replaced by cypermethrin and lambda cyhalothrin followed by cyfluthrin, all class II pyrethroids. Carbamates such as Ficam has also been occasionally used along with pyrethroids. Apparently, the pyrethroid use was more intensive in Imam Khomeini than in Bouali Cina Hospital (Habibi, personal communication).

## MATERIALS AND METHODS

**Cockroaches strains.** Field strains of German cockroach were collected from Imam and Bouali Cina University Hospitals (Sari, Iran) and kept in insectary under standard conditions and used for bioassays and biochemical assays. A susceptible strain (SUS) maintained since 1975 in the insectary at School of Public Health, Tehran University without exposure to insecticide, was used for comparison.

**Bioassays.** Tarsal-contact method test using glass jar was used to evaluate the susceptibility status of the cockroaches to permethrin, deltamethrin and cypermethrin. These insecticides were used to cover both class I and II pyrethroids as they have been used for pest control in the studied Hospitals and also because they might be different in terms of resistance mechanisms. The tests were conducted on adult males of both susceptible and resistant strains at 3-6 replicates of 10 cockroaches. The inside surfaces of glass jars were coated with 2 ml of known quantities of insecticide solution in acetone. The glass jars were rotated evenly in a hood until the acetone evaporated. Exposure times were determined based on some preliminary experiments to find the minimum (T1) and maximum (Tn) exposure time (times that kill 5 and 95% of the samples, respectively). The rest of the exposure times were calculated using the following formulas:

$$K = (\log T_{max} - \log T_{min}) / (n - 1)$$

Where K is a constant, T<sub>max</sub> is the maximum exposure time (T<sub>n</sub>), T<sub>min</sub> is the minimum (T<sub>1</sub>) exposure time and n is the total number of exposure times. So the second exposure time is calculated as follows:

$$T_2 = \text{Antilog}(K + \log T_1)$$

Mortality responses were scored 24 hour after the end of the exposure time.

**Biochemical assays.** Biochemical assays for general esterases, GSTs and monooxygenases were performed on adult cockroaches according to [28] with some modifications. Live adult males of German cockroaches (93 individuals per plate) were used for these assays. The thorax of each cockroach was separated and transferred into a microtitre plate well and homogenized in 200  $\mu$ l of distilled water. All these steps were carried out at 4°C. The homogenates were spun at 1100 g in a Beckman Coulter centrifuge (Beckman, USA), at 4°C for 15 min and the resulting supernatant used as the enzyme source. For biochemical assays a microtitre plate reader (Bio-TEK, Instruments, Inc., USA) operated by a personal computer using KC Junior software (USA) was used to obtain endpoint or kinetic readings for general esterases, GSTs and monooxygenases assays according to Hemingway [28] with some modifications.

**Monoxygenases assay.** This assay measures the total amount of heme containing protein using a heme-peroxidase assay. As cytochrome P450s make up the bulk of the proteins in non-blood-fed insects, results can crudely be expressed as equivalent units of cytochrome P450 within the insect [29]. The reaction mixture in each well of the microtitre plate contained 20  $\mu$ l of insect homogenate, 80  $\mu$ l of 0.625 M potassium phosphate buffer pH 7.2, 200  $\mu$ l of 3, 3', 5, 5' tetramethyl benzidine (TMBZ) solution (0.01 g TMBZ dissolved in 5 ml methanol plus 15 ml of 0.25 M sodium acetate buffer pH 5.0) and 25  $\mu$ l of 3% hydrogen peroxide. The plates were incubated at room temperature for 2 hours and absorbance was measured at 450 nm as an endpoint in the plate reader. The values were compared with a standard curve of purified cytochrome C and were reported as equivalent units of cytochrome p450/mg protein corrected for the known content of cytochrome C and P450.

**General esterases.** General esterases activities with the substrates  $\alpha$ - and  $\beta$ -naphthyl acetate were

determined. Reaction mixtures contained 20  $\mu$ l of insect homogenate in duplicate in adjacent microtitre plate wells (assigned  $\alpha$  and  $\beta$ ) and 200  $\mu$ l of  $\alpha$ - or  $\beta$ -naphthyl acetate solution (120  $\mu$ l of 30 mM  $\alpha$ - or  $\beta$ -naphthyl acetate dissolved in 12 ml 0.02 M phosphate buffer pH 7.2) respectively. The reaction mixtures were incubated at room temperature for 30 min before the addition of 50  $\mu$ l of fast blue solution (0.023 g fast blue dissolved in 2.25 ml distilled water and 5.25 ml of 5% SDS 0.1 M sodium phosphate buffer pH 7) to each well. The plates were incubated at room temperature for 5 min and then absorbance was read at 570 nm as an endpoint value. The resulting optical densities (OD) were compared with standard curves of OD for known concentrations of the products  $\alpha$ - and  $\beta$ -naphthol, respectively to convert the absorbances to product concentrations. The enzyme activities were reported as nmol of product formed/min/mg protein.

**GST.** GST activity was measured using a reaction mixture of 10  $\mu$ l of the homogenate plus 200  $\mu$ l of reduced glutathione and 1-chloro-2,4-dinitrobenzene (CDNB) solution (10 mM reduced glutathione dissolved in 0.1 M phosphate buffer pH 6.5 and 3 mM CDNB originally dissolved in methanol). The increase in absorbance was measured at 340 nm for 5 min. The enzyme activity was reported as  $\mu$ M/min/mg protein using the extinction co-efficient corrected for the path length of the solution in the microtitre plate well.

## RESULTS

**Bioassays.** The results of bioassays performed on adult German cockroaches using a concentration of 7 mg/m<sup>2</sup> permethrin, deltamethrin and cypermethrin in jar tests were subjected to probit analysis and summarized in Table 1. The bioassays showed that there are statistically significant differences between the LT50 of Imam and Bouali Cina University Hospitals field strains with that of susceptible laboratory strain ( $P < 0.05$ ). Also the results showed that the order of LT50 of the strains is Imam > Bouali Cina > Laboratory susceptible strain.

**Biochemical assays.** Monooxygenase, general esterase and GST assays were carried out on adults of Imam and Bouali Cina Hospitals as well as susceptible strains of German cockroaches. All raw data were analysed using Microsoft Excel software and reported as the equivalent units of cytochrome

**Table 1.** The results of probit analysis on the bioassay results performed on adults of German cockroaches from Imam, Bouali Cina Hospitals and Lab. Susceptible strains.

insecticide	strain	$\alpha$	$\beta$	X <sup>2</sup> (DF)	LT50	RR
Permethrin	Imam	-0.131	3.92	0.176 (2)	20.24 ± 2.200	2.20
	Bouali	-2.460	3.87	1.660 (2)	19.87 ± 2.300	2.23
	Lab.	0.891	4.32	1.500 (2)	8.89 ± 0.265	1.00
Deltamethrin	Imam	-2.290	3.89	0.360 (2)	19.30 ± 3.050	2.19
	Bouali	-0.568	4.47	0.340 (2)	17.60 ± 0.680	2.00
	Lab.	1.220	3.99	0.210 (2)	8.80 ± 0.990	1.00
Cypermethrin	Imam	0.920	4.58	0.136 (2)	19.64 ± 2.900	2.27
	Bouali	0.215	3.76	0.458 (2)	18.66 ± 3.450	2.15
	Lab.	1.008	4.26	0.104 (2)	8.64 ± 0.620	1.00

P450 for monooxygenases and activity rates for the latter two enzymes. The results of biochemical assays are summarized in Tables 2 and 3. The mean  $\alpha$ -esterase activity of Imam and Bouali Cina Hospitals and susceptible strains were  $6.941 \times 10^{-4}$ ,  $6.940 \times 10^{-4}$  and  $8.01 \times 10^{-5}$  nmol/min/mg protein; the mean  $\beta$ -esterase activity in those strains were  $5.8 \times 10^{-4}$ ,  $4.25 \times 10^{-4}$  and  $7.28 \times 10^{-5}$  nmol/min/mg protein; the mean content of p450 in the above-mentioned strains were  $5.64 \times 10^{-6}$ ,  $1.89 \times 10^{-6}$  and

$1.2 \times 10^{-6}$  nmol/mg protein; the mean GST activity were  $6.66 \times 10^{-2}$ , 0.102 and  $5.72 \times 10^{-2}$   $\mu$ mol/min/mg protein, respectively. The enzyme activity or content ratio of Imam, Bouali Cina and lab strains are for  $\alpha$ -esterase:  $8.676 > 8.675 > 1$ , for  $\beta$ -esterase  $8 > 5.9 > 1$ , for GST  $1.75 > 1.6 > 1$  and for P450:  $4.6 > 1.58 > 1$ . Analysis of variance of the data showed that the differences between the enzymes activities in the field and lab strains were statistically significant ( $\alpha < 0.001$ ).

**Table 2.** Descriptive analysis of the results of biochemical assays performed on field and susceptible strains of German cockroaches from Sari, Iran.

	N	Mean	Std. Deviation	Std. Error	N	95% Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
ALFA	1.00	93	6.940E-04	9.8651873E-07	1.622E-07	6.9364E-04	6.9429E-04	.000690	.000695
	2.00	93	8.011E-05	1.8172016E-05	2.570E-06	7.4947E-05	8.5276E-05	.000042	.000126
	3.00	93	6.941E-04	6.7456591E-07	1.472E-07	6.9378E-04	6.9440E-04	.000691	.000695
	Total	279	4.098E-04	3.0777932E-04	2.962E-05	3.5109E-04	4.6851E-04	.000042	.000695
BETA	1.00	93	4.255E-04	6.0977217E-04	1.002E-04	2.2224E-04	6.2885E-04	.000162	.003665
	2.00	93	7.286E-05	1.6836704E-05	2.381E-06	6.8078E-05	7.7648E-05	.000043	.000117
	3.00	93	5.801E-04	5.9893448E-04	1.307E-04	3.0743E-04	8.5270E-04	.000236	.002988
	Total	279	2.923E-04	4.8700346E-04	4.686E-05	1.9941E-04	3.8521E-04	.000043	.003665
GST	1.00	93	.10211804	.14163923	2.329E-02	5.4893E-02	.14934292	-.004496	.786506
	2.00	93	5.723E-02	2.1772439E-02	3.079E-03	5.1041E-02	6.3416E-02	.022267	.127905
	3.00	93	6.666E-02	3.9613421E-02	8.644E-03	4.8628E-02	8.4691E-02	.010625	.179163
	Total	279	7.444E-02	8.7608974E-02	8.430E-03	5.7729E-02	9.1153E-02	-.004496	.786506
MFO	1.00	93	1.892E-06	4.699387E-06	7.726E-07	3.2467E-07	3.4584E-06	-.000013	.0000161
	2.00	93	1.207E-06	9.287063E-07	1.755E-07	8.4682E-07	1.5671E-06	.0000005	.0000049
	3.00	93	5.648E-06	3.074432E-06	6.709E-07	4.2484E-06	7.0473E-06	.0000012	.0000132
	Total	279	2.586E-06	3.873487E-06	4.177E-07	1.7554E-06	3.4164E-06	-.000013	.0000161

GST, glutathione S-transferases; Alfa,  $\alpha$ -esterases; Beta,  $\beta$ -esterases; P450, cytochrome P450; 1, Bouali Cina Hospital; 2, Lab susceptible strain; 3, Imam Hospital.

**Table 3.** One way ANOVA analysis of the results of biochemical assays performed on field and susceptible strains of German cockroaches from Sari, Iran.

Dependent Variable	(I)		(J)		Standard Error	Sig.	95% Confidence Interval	
	1 = BouAli Cina 2 = sus 3 = Imam	1 = BouAli Cina 2 = sus 3 = Imam	(I-J) Mean Difference				Lower Bound	Upper Bound
ALFA	1.00	2.00	6.139E-04*	2.696E-06	.000	6.0744E-04	6.2026E-04	
		3.00	-1.247E-07	3.396E-06	.999	-8.1991E-06	7.9496E-06	
	2.00	1.00	-6.139E-04*	2.696E-06	.000	-6.2026E-04	-6.0744E-04	
		3.00	-6.140E-04*	3.232E-06	.000	-6.2166E-04	-6.0629E-04	
	3.00	1.00	1.247E-07	3.396E-06	.999	-7.9496E-06	8.1991E-06	
		2.00	6.140E-04*	3.232E-06	.000	6.0629E-04	6.2166E-04	
BETA	1.00	2.00	3.527E-04*	9.599E-05	.001	1.2447E-04	5.8090E-04	
		3.00	-1.545E-04	1.209E-04	.411	-4.4205E-04	1.3300E-04	
	2.00	1.00	-3.527E-04*	9.599E-05	.001	-5.8090E-04	-1.2447E-04	
		3.00	-5.072E-04*	1.151E-04	.000	-7.8086E-04	-2.3355E-04	
	3.00	1.00	1.545E-04	1.209E-04	.411	-1.3300E-04	4.4205E-04	
		2.00	5.072E-04*	1.151E-04	.000	2.3355E-04	7.8086E-04	
GST	1.00	2.00	4.489E-02*	1.865E-02	.047	5.4425E-04	8.9235E-02	
		3.00	3.546E-02	2.350E-02	.291	-2.0411E-02	9.1329E-02	
	2.00	1.00	-4.489E-02*	1.865E-02	.047	-8.9235E-02	-5.4425E-04	
		3.00	-9.431E-03	2.237E-02	.907	-6.2606E-02	4.3744E-02	
	3.00	1.00	-3.546E-02	2.350E-02	.291	-9.1329E-02	2.0411E-02	
		2.00	9.431E-03	2.237E-02	.907	-4.3744E-02	6.2606E-02	
MFO	1.00	2.00	6.846E-07	8.726E-07	.714	-1.3979E-06	2.7671E-06	
		3.00	-3.756E-06*	9.518E-07	.000	-6.0278E-06	-1.4848E-06	
	2.00	1.00	-6.846E-07	8.726E-07	.714	-2.7671E-06	1.3979E-06	
		3.00	-4.441E-06*	1.006E-06	.000	-6.8410E-06	-2.0409E-06	
	3.00	1.00	3.756E-06*	9.518E-07	.000	1.4848E-06	6.0278E-06	
		2.00	4.441E-06*	1.006E-06	.000	2.0409E-06	6.8410E-06	

GST, glutathione S-transferases; Alfa,  $\alpha$ -esterases; Beta,  $\beta$ -esterases; P450, cytochrome P450; 1, BouAli Cina Hospital; 2, Lab susceptible strain; 3, Imam Hospital.

## DISCUSSION

Monitoring insecticide resistance and its underlying mechanisms are crucially important in vector and pest control as well as resistance management. Classic bioassay is a powerful method for monitoring and measuring insecticide resistance; however, it lacks adequate sensitivity and does not give a clear picture of mechanisms involved in insecticide resistance.

In other words, when classic bioassay confirms insecticide resistance, it means that the insecticide resistance gene frequency is high enough to demonstrate insecticide resistance phenotype and also it is a little late to implement insecticide resistance management strategies for better resistance and pest control. However, when bioassay is undertaken along with more sensitive biochemical assays, more information and solid evidence come out about the insecticide resistance status and its possible mechanisms. In this study, possible

mechanisms of insecticide resistance were investigated using bioassays based on WHO standards and biochemical assays according to Hemingway [28].

Advantages can be obtained from the results of biochemical assays in establishing a base line data for the activity or levels of enzymes responsible for insecticide resistance and also a better understanding of status of the insecticide resistance when the results compared to those of the susceptible strain.

Knowledge about the involvement and the order of importance of enzyme groups in conferring insecticide resistance is highly important in implementing resistance management strategies such as rotation, change, mixture, mosaic as well as taking advantage of integrated pest management measures.

German cockroaches have developed resistance to different groups of insecticides due to their widespread use [17, 26, 30]. This makes their control extremely difficult and a better

understanding of the underlying mechanisms involved in insecticide resistance in these pests is required for successful pest control. Good and timely information about the resistance status of the vectors helps better pest as well as insecticide resistance management.

The results of bioassays performed on the field and the susceptible strains showed statistically significant differences. However, the resistance ratios of the field strains are more than 1.5 but less than 2.5 inferring a tolerance in the field populations of the German cockroaches to pyrethroids used. The results of studies performed on the same field strains ten years ago showed that the German cockroach populations were susceptible to pyrethroids tested (data not shown). This shows that over the last decade, extensive use of pyrethroids for pest control has changed the susceptibility status of the field collected German cockroach from Imam and Bouali Cina Hospitals. This implies that a trend of building up pyrethroid resistance has been started and developed over the years and sooner or latter may lead to full insecticide resistance.

Comparative analysis of the results of biochemical assays performed on the field and the susceptible strains revealed that esterases, monooxygenases and GSTs were at higher levels in the field strains. The increase in  $\alpha$ - and  $\beta$ -esterases in field strains are about 6-9-times as much as in the susceptible strain. This reveals the outstanding importance of esterases in pyrethroid resistance in German cockroaches. Involvement of esterases in pyrethroid resistance was frequently shown in German cockroaches in the literature [17, 26, 30]. Oxidases are also involved in pyrethroid resistance in German cockroaches, not to the level of esterases though, with an enzyme activity ratio of 1.5-4.6-fold compared to the susceptible strain. Oxidases were shown to be also important in pyrethroid resistance in German cockroaches from other countries [17, 26, 30].

The order of importance and involvement of different enzymes in pyrethroid resistance in German cockroaches is  $\alpha$ -esterase >  $\beta$ -esterase > oxidases > GSTs. Several studies on the involvement of different enzymes in insecticide resistance in different strains of German cockroaches from different parts of the world showed that esterases and oxidases are strongly involved in pyrethroid resistance [17, 26, 31, 32].

Similar reports about the role of these enzymes in insecticide resistance in other groups of insects are present in the literature [9-11].

There is a great deal of difference between the resistance ratio obtained by classic bioassay and enzyme activity/level ratio calculated from biochemical assays of the field and lab strains i.e. 2 to 2.5 when compared to more than 5. This clearly shows the higher sensitivity of the biochemical assays compared to the classic bioassays. However, it should be noted that not all of the elevated activities or quantity of enzymes could be interpreted as involved in insecticide resistance as there are more than 100 different genes for each of those enzymes not all of which important in resistance to a given insecticide.

The activity/level of different enzymes in Imam strain of German cockroach was more than that of the Bouali Cina strain. This is in accordance with the results of bioassays in which the resistance ratio was greater in Imam strain. This finding might be, in part, because of the relatively intensive use of pyrethroids in controlling the latter strain. Although none of the field collected strains showed insecticide resistance, the current status of the resistance when compared to the results of a study in 1996 on the same strains shows a trend of building up pyrethroid resistance in this pest. Based on the results of this study, although pyrethroids can still be theoretically used in controlling German cockroaches in the above mentioned Hospitals, it is wise to put the pesticide resistance management strategies in place to avoid or postpone further development of pyrethroid resistance.

The indications made by biochemical assays help the authorities and experts in implementing vector control and resistance management strategies in time and with higher chance of success. As esterases are the most prominent enzyme group in these two populations of the German cockroach followed by MFO system, and noting that almost all insecticide groups are more or less detoxified by esterases and MFO, the best control strategy would be non-chemical approaches such as environmental methods. However, if insecticides are to be used, efforts must be made to use strategies of insecticide resistance management such as rotation, mixture and mosaic. The frequency and intensity of pyrethroid use in those Hospitals is reduced in recent years and other control strategies especially environmental control approaches have been put in place (data not shown).

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